

For Immediate Release  
January 6, 2015

Christin Barber  
Marketing/Communications Coordinator  
Riverview Health  
317.776.7235  
cbarber@riverview.org

## **Riverview Health to Host Women's Health & Wellness Event**

Noblesville—Riverview Health will host a Women's Health & Wellness Event from 8 am-12 pm on Saturday, January 24, 2015.

Join us for a morning filled with health and wellness events including risk assessments, screenings, breakout sessions and discussions designed to inform and inspire women. Don't miss out on the chance to win a free two-month membership to Riverview Health Rehab & Fitness. The event and discussions are free to attend. For the screenings that require pre-registration and pre-payment, please call 317.776.7247.

Hear our physicians speak about the following topics:

- » "New Year, New You Wellness Panel" (Nutrition, fitness and preventative health) - 9 am
- » "The Secrets to Healthy Aging" - Amy Banter, MD - 10 am
- » "Mid-life Transitions and Hormones – Yes or No?"- Polly Trainor, MD - 10:30 am
- » "Pelvic Floor Health and Incontinence" - Carolyn Cebalo, PT, WICS - 11 am
- » Foot Health Screenings - Scott Schulman, DPM - 10 am-noon

Available screenings include:

- » Baseline EKG – \$10
- » Blood pressure screening – Free
- » CT calcium heart scan – \$49\*
- » DEXA bone density scan – \$79\*
- » PAD screening – Free
- » Pap exams – Free
- » Screening mammograms – Insurance will be billed\*
- » TSH – \$20
- » Vitamin D screening – \$39
- » Women's Health & Wellness laboratory profile – \$30

*\*These screenings require pre-registration and may have qualifying guidelines. Screening appointments are limited and pre-payment is required.*

### **About Riverview Health**

Riverview Health is comprised of a full-service, 156-bed hospital and 26 primary, immediate and specialty care facilities located throughout Hamilton and Tipton counties. Together, we provide comprehensive healthcare services in 35 medical specialties—and have frequently been recognized for our clinical and service excellence. For more information, visit [riverview.org](http://riverview.org).